

# MOUNTAIN BIKING

**Directors:** Jerry andCarolynn Simmons

Sponsored By

**Assistants:** Cyndi and Barry Moore



Red Mountain Spa

**Events:** Hill Climb, Down Hill, Cross Country

**Schedule:** Monday Oct. 13 Hill Climb & Down Hill  
Tuesday Oct. 14 Cross Country

**Venue:** Warner Valley, Hurricane

**Divisions:** 5-Year Age Brackets (see Page 7)  
Expert, Sport and Beginner Skill Divisions

**Sport Fee:** \$10 Per Event

## REGISTRATION RULES

- Event is NORBA sanctioned – all NORBA rules apply.
- Annual NORBA Licenses are mandatory for riders in the Expert division. Purchase your annual license prior to the Games – call USCF at 719-866-4581 or purchase on-line at [www.usacycling.org](http://www.usacycling.org). International licenses will be honored.
- Riders in the Sport and Beginner divisions who do not have NORBA Licenses will be required to purchase “day licenses”.
- Licenses will also be available for purchase at the Dixie Center. The following fees apply:  
Annual NORBA License - \$60/year  
NORBA “Day License” - \$5/day
- Participants must register in the same division (i.e., Expert, Sport or Beginner) for all three races.

## FORMAT / RULES

- All participants must check-in at the Dixie Center where they will receive their HWSG ID Badge and purchase their NORBA or day license. Race packets including the Official Race Bible and bib numbers will be available at the Dixie Center or at the venue check-in desk prior to each event.
- Participants must present their HWSG ID Badge and NORBA license (or receipt of license purchase) at the venue check-in desk prior to each event.
- Pre-race meetings will be held 45 minutes prior to the start of each race.
- Helmets and shoes are required at all times.

## EVENT DESCRIPTIONS

### Hill Climb

Date: Monday, Oct. 13

Time: 8:45 am – Check-In and Race Number Pick-Up  
9:30 am – Race Start

Location: Warner Valley, Hurricane

Course: Climb 700 vertical feet on a singletrack to the Warner Valley overlook.  
The view is spectacular, well worth the climb! (Approximately 1.9 miles)

### Down Hill

Date: Monday, Oct. 13

Time: Following Hill Climb

Location: Warner Valley, Hurricane

Course: Gear up for the fast, single-track down.

**EVENT DESCRIPTIONS** (continued)

Cross Country

Date: Tuesday, Oct. 14

Time: 8:45 am – Check-In and Race Number Pick-Up

9:30 am – Race Start

Location: Warner Valley, Hurricane

Course: Course starts with a mixture of slick rock and singletrack, followed by a few miles of classic desert singletrack with a few challenging short climbs and down hills. Some sections are tight, but a surprising amount of speed can be maintained through them. Just when you think you are ready to complete the loop, you head off into an opposite direction for more fun!

Men	Expert	2 laps	approx.	22.5 miles
	Sport	1.5 laps	approx.	16.5 miles
	Beginner	.5 laps	approx.	5.5 miles
Women	Expert	2 laps	approx.	22.5 miles
	Sport	1.5 laps	approx.	16.5 miles
	Beginner	.5 lap	approx.	5.5 miles

**Directions to the Warner Valley Mountain Bike Course**

From HWY 9 in Hurricane, turn south on 700 West (by the Chevron station). At 2060 South, turn right, follow road past Sky Ranch to end of pavement. Cross the cattle guard and continue south for two more miles. Turn right at the fork in the road. Travel approximately 100 yards to secondary road on right. Enter this road to the start/finish.

**MEDALS**

- Gold, Silver and Bronze medals will be awarded to the 1st, 2nd and 3rd place finishers, respectively for each age group and division. Ribbons will be awarded to the 4th, 5th and 6th place finishers in each age group and division.
- For the Hill Climb and Down Hill races, medals and ribbons will be awarded after each event.
- For the Cross Country race, medals and ribbons will be awarded at the Sport Sponsor Social.
- Overall awards will be presented to the overall best in each division. Participants must enter a minimum of two events to qualify for the “overall” award. Overall awards will be presented at the Sport Sponsor Social.

**SPORT SPONSOR SOCIAL (Ticket Required)**

Date: Tuesday, Oct. 14

Time: 2:00 pm

Location: Washington County Regional Park (Fairgrounds)