

# ROAD RACES – 10K

**Director:** Debbie Zockoll

Sponsored By

**Assistants:** Sandy King  
Gary Hawes  
Bruce Neiderhauser  
Aaron Metler



**Schedule:** Monday Oct. 6 8:30 am – Race Start  
(Last bus departs at 8:00 am)

**Venue:** Snow Canyon State Park to Ivins City Park

**Divisions:** 5-Year Age Brackets (see Page 7)

**Sport Fee:** \$6 Per Person

## **FORMAT / RULES**

- Participants must present their HWSG ID Badge at the venue check-in desk (Ivins City Park) between 7:15 am and 7:45 am the morning of the race.
- Runners will be bused up West Canyon to the starting point in beautiful Snow Canyon State Park.
- Last bus will leave Ivins City Park promptly at 8:00 am.
- The beginning portion of the race will be on a well-maintained dirt road. The race will finish on a paved road at Ivins City Park.

## **MEDALS**

- Gold, Silver and Bronze medals will be awarded to the top three finishers of each age division.
- Overall medals will be awarded to the overall top male and overall top female finishers.
- Medals will be awarded following the race at the Sport Sponsor Social.

## **SPORT SPONSOR SOCIAL (Ticket Required)**

**Date:** Monday, Oct. 6  
**Time:** Following Race (approximately 9:30 am)  
**Location:** Ivins City Park



# ROAD RACES – 5K & HALF-MARATHON

**Director:** Debbie Zockoll

Sponsored By

**Assistants:** Sandy King  
Gary Hawes  
Bruce Neiderhauser  
Aaron Metler



**Events:** 5K  
Half-Marathon

**Schedule:** Thursday Oct. 9 8:00 am Half-Marathon  
9:00 am 5K

**Venue:** Confluence and Fort Pearce Trails  
(Meet at Dixie Center South Parking Lot)

**Divisions:** 5-Year Age Brackets (see Page 7)

**Sport Fee:** \$6 Per Event

## **REGISTRATION RULES**

- Participants may enter either the 5K or Half-Marathon event, not both.

## **FORMAT / RULES**

- The 5K is an out-and-back course on the Confluence Trail.
- The Half-Marathon uses portions of the Confluence and Fort Pearce Trails.
- Both races will begin on the Confluence Trail. Meet at Confluence Trailhead (Dixie Center south parking lot).
- For the 5K event, participants may run or walk.
- For the Half-Marathon event, only runners able to complete the race within 3.0 hours will be permitted to enter.
- Participants must present their HWSG ID Badge at the venue check-in desk 30 minutes before the start of their race.

## **MEDALS**

- Gold, Silver and Bronze medals will be awarded to the top three finishers of each age division in each event.
- Overall medals will be awarded to the overall top male and overall top female finishers in each event.
- Medals will be awarded following the race at the Sport Sponsor Social.

## **SPORT SPONSOR SOCIAL (Ticket Required)**

**Date:** Thursday, Oct. 9  
**Time:** 10:30 am (approximately)  
**Location:** Confluence Trailhead Parking Area